



RED FLAGS

A

RELATIONSHIP

SERIES

SERIES OVERVIEW

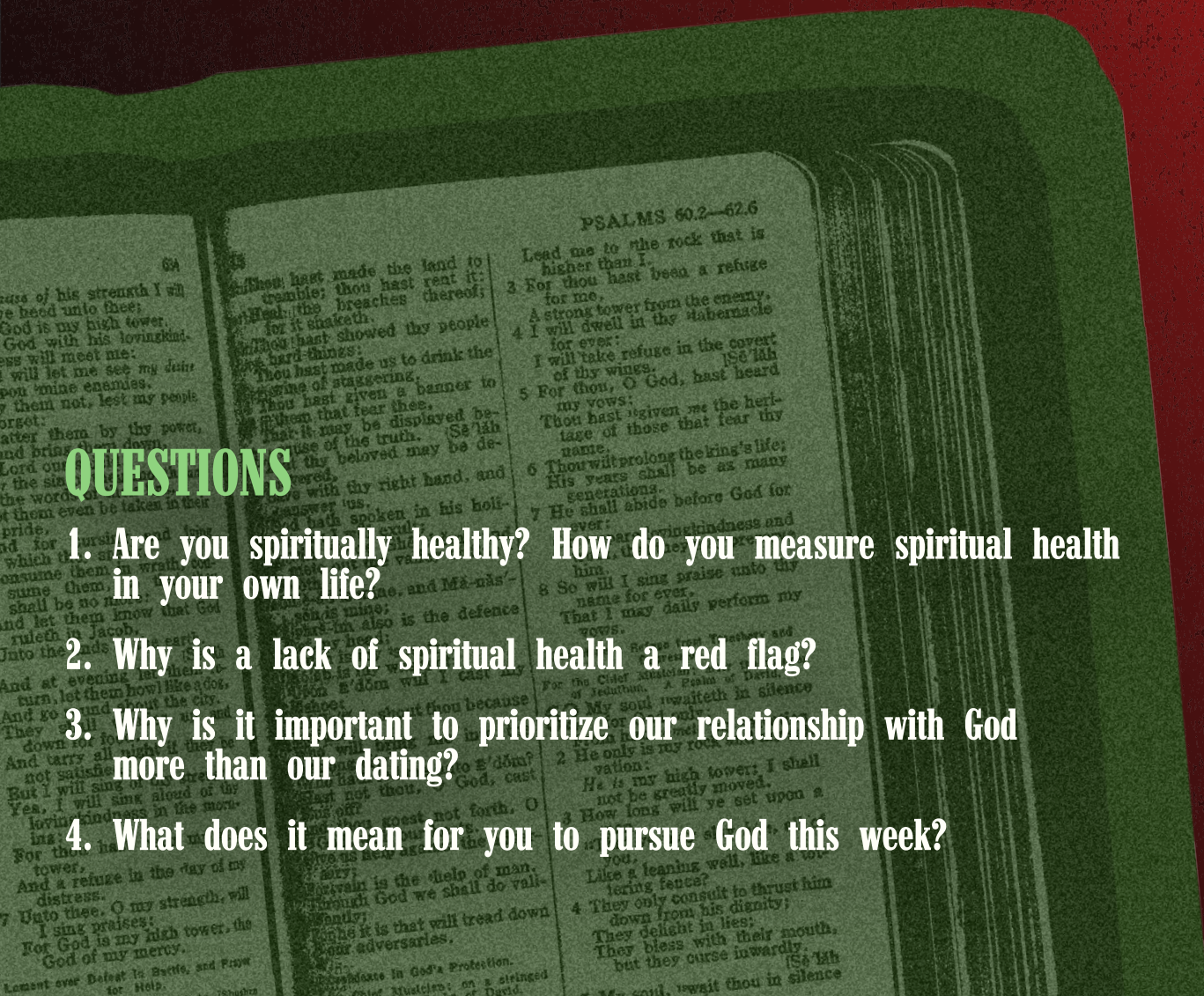
WEEK ONE

Dating relationships can be complicated and even stressful at times. How do you know who the right person is and what to avoid in dating? In this four-week relationship series, we'll look to Scripture to see the clear red flags that we all need to avoid in our dating lives!

Spiritual health is one of the most important parts of our lives as human beings. If we, or the people we date, don't have a strong relationship with Jesus, it could cause serious problems in life!

QUESTIONS

1. Are you spiritually healthy? How do you measure spiritual health in your own life?
2. Why is a lack of spiritual health a red flag?
3. Why is it important to prioritize our relationship with God more than our dating?
4. What does it mean for you to pursue God this week?



PHYSICAL BOUNDARIES

WEEK TWO

As we explore “Red Flags” in relationships, remember: **our own spiritual health and boundaries come first!**

Nurturing our relationship with God must precede any dating relationship. A major red flag is a lack of physical boundaries (Hebrews 13:4). If someone frequently crosses these lines, consider reevaluating the relationship. Don't risk your spiritual well-being by compromising sexual morality!

Why is this important? We see in 1 Corinthians 6:18-20 that sexual immorality is not just “outside the body...but is against our own body.” Your body was bought with the blood of Jesus, just as your soul was. As a Christian, the Holy Spirit has in you; your body is His temple. Your body belongs to God. Make choices that demonstrate your surrender to Him!

Understand that God's Word is clear – His grace is **SUFFICIENT and covers all sin! It's never too late for forgiveness, and know that God is a loving God who is quick to forgive when we repent!

Green flag? Date someone who avoids physical immorality and doesn't put you in tempting situations. Set firm boundaries and flee from sexual immorality!

CHALLENGE

Analyze how you view dating and physical boundaries.

Would God be pleased with your physical boundaries?

Would your future spouse be honored with how you view physical boundaries?

Pursue JESUS and the Holy Spirit will show, convict, and guide us to live a life like Christ!

QUESTIONS

1. What are ways you can honor God in a dating relationship?
2. Why is purity important in the life of a believer?
3. How can we pursue holiness, whether in a relationship or not?

LACK OF EMOTIONAL MATURITY

WEEK THREE

A lack of emotional maturity is a Red Flag. As followers of Christ, we need to develop emotional maturity in our faith, especially in how we handle relationships. Emotional maturity means taking control of our thoughts, submitting our emotions to Christ, and responding with wisdom rather than reacting impulsively.

QUESTIONS

1. How has the Lord matured and grown you in your own life? Share examples.
2. Why is it difficult to grow out of immaturity at times?
3. Why is a lack of emotional maturity a red flag?

